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PLAN DE COMPOSITION

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LEGENDE:

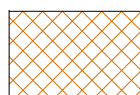
-----	LIMITE DE ZAC
-----	LIMITE PARCELLAIRE
	VOIRIE ET TROTTOIR
	ESPACE PUBLIC VEGETALISE
	ESPACE CONSTRUCTIBLE
	ESPACE DE STATIONNEMENT IMPOSE
	ACCES VEHICULE IMPOSE
	ACCES PIETON IMPOSE
 5	MARGE DE RETRAIT IMPOSEE EN METRES
	MITOYENNETE IMPOSEE
-----	ORIENTATION DU FAITAGE IMPOSEE
	ARBRE A CONSERVER SUR EMPRISE PRIVEE
	HAIE CONSERVEE ET RENFORCEE
	ARBRE PROJET

Figure 1. A schematic diagram of the experimental design. The subjects were divided into two groups: the control group and the experimental group. The control group received a standard training program, while the experimental group received a modified training program. The experimental group was further divided into two subgroups: the low-intensity group and the high-intensity group. The low-intensity group received a low-intensity training program, while the high-intensity group received a high-intensity training program. The subjects were then subjected to a series of tests to measure their performance and physiological responses.

FOR 100% FULL COVERAGE

 ESPACE CONSTRUCTIBLE

 ESPACE DE STATIONNEMENT IMPOSÉ

ACCES VEHICULE IMPOSE

 ACCES PIETON IMPOSE

← 5 MARGE DE RETRAIT IMPOSEE EN METRES

MITOXYENNETE IMPROVEE

ORIENTATION DUE LITAGE IMPOSÉE

 **ARRETE A CONSERVER SUR EMPLAIS PRIVES**

 ABBE PROJECT

